# Marlaina Bernadette Sheahan

### Personal Stats:

DOB: February 15, 2014 Shirt Size: 10-12 **PARENTS' CELL #**: Mom (Amy) 414-248-9019

Height: 4'9" Pant Size: 10-12 Dad (Brian) 414-687-3232

Weight: 78 lbs. Dress Size: 10-12 PARENTS' EMAIL: nurseamerz@yahoo.com

Hair Color: Platinum Blonde Shoe Size: 5 brian.sheahan05@gmail.com

Eye Color: Blue

Languages: German (school curriculum)

### **Training**

Vocal Lessons	Brio Music Studios	In person 2023 Brookfield, WI
Agent Showcase Preparation	Philip Galinsky	Online 2023
1 on 1 Monologue Preparation	Larry VanBuren Jr.	Online 2023
Audition Techniques, Advanced Improv	Ryan Kelley	Online 2023
Monologue Prep, Improv, Acting Principles	Larry VanBuren Jr.	Online 2023
Audition Tips, Improv, and Monologue Prep	Jimmy Bellinger	Online 2023
1 on 1 Monologue Preparation	Karen Gonzalez	Online 2023
Basic Acting Principles/Monologue Prep	Karen Gonzalez	Online 2023
Monologue Prep, Slating, Performance,	Ryan Kelley	Online 2023
Group Improv		
German Immersion School Choir	Milw. German Immersion School	In person 2022-2023 Milwaukee, WI
Ballet (multiple levels)	Keller Dance Studio	In person 2018-2020 Waukesha, WI
Acrobatic Dance and Jazz	Aspire Dance Center	In person 2021-2023 Waukesha, WI

## **Special Skills**

- Performances: Large auditoriums singing and dancing with school choir and dance. Marlaina was present at the infamous Waukesha parade attack on 11/21/21. A very harrowing experience for us all.
- Dialects: German, Attends Milwaukee German Immersion School since 2018, Spanish to begin 2026.
- Academics: Straight A student and is very determined and motivated to do well.
- Positive Attributes: Flexible, coachable, and always has a positive attitude.
- Fearless thrill seeker. Loves roller coasters, rides, climbing, tumbling, and amusement parks.
- Sports: American Red Cross swim level 3, Rugby, Soccer, Cheerleading, Gymnastics, Volleyball.
- Volunteers at neighborhood rummage sale and runs a lemonade stand for neighbors and shoppers.

## **Personal Interests**

- Hobbies: Acting, Singing, Dancing, Role play with friends/dolls, Swimming, Horseback riding, Reading, Playing dress up/fashion shows, Video games, Board games, Drawing, Coloring, Sculpting, Beadwork.
- Enjoys storytelling as an artform and loves movies, television shows, musicals, ballets, live shows, plays, and books.
- Girl Scouts, Cookie selling, Fund raising, Volunteer work through Girl Scouts.